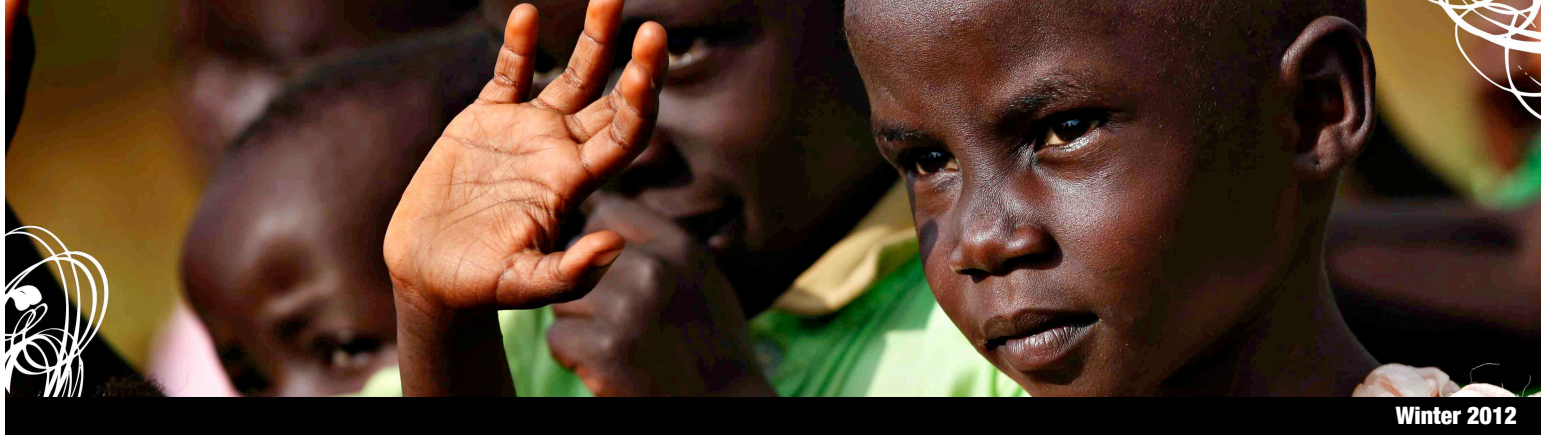




**CARING PARTNERS
GLOBAL**

Changing lives, one community at a time.



Eat to Give and Gas up Program - Winter Blitz!!!!

As Christmas ends and a new year begins we often find ourselves back on a budget. But with growing hunger and need on the rise every day in Africa, we long to help and be part of the change. The Eat to Give and Gas up program is an ideal way to give, while budgeting your own grocery and gas costs through the year. The best part- it doesn't cost you anything, but accumulates funds for Caring Partners Global.

Become a part of this exciting program simply by signing up for gas and grocery gift cards through Community Charity Services. To keep to your own budget, sign up for a desired monthly amount. The results can be significant! For every \$100 you spend through gift cards, \$3.00 is donated to Caring Partners Global. Imagine the possibilities if we all got involved in this program!

To give you a little more incentive we will be doing an Eat to Give and Gas up sign up blitz this month! If you sign up anytime between January 5th to March 6th, you will be entered to win one of the following prizes: A Starbucks gift basket, unique Kenyan items, one night stay at a hotel in Toronto, or brand new luggage!

For more information on the Eat to Give program please visit our website at: www.caringpartners.ca or www.charityservices.ca

**For the month of
February...**



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Caring Partners Global is pleased to be Queen Street Yoga's charity for the month of October!

Proceeds raised from Queen Street Yoga's Community Class for the month of February will go to Caring Partners Global to support our work in Western Kenya.

The community class is a drop-in by donation class that is geared towards beginners. This is a great place to give yoga a try! This winter the community class is held Thursday evenings at 6pm and taught by the wonderful instructor Emma. Each class is a suggested donation of \$5-10.

Contact info@caringpartners.ca or visit our website at www.caringpartners.ca for more information on CPG and this month long event.

Volunteer Reflections

My own involvement with CPG began in 2004 when I spent 7 weeks teaching mathematics and science to Grades 6, 7 and 8 students at Matangwe Primary School. It soon became evident that many of the students I was teaching attended school hungry and malnourished, which affected their ability to remain focused throughout the day. Despite a difficult learning environment, I was impressed by the fact these students were able to converse in three languages, Luo, Kiswahili and English, by the time they graduated from primary school. They were enthusiastic about math even though the expectations appeared to be more advanced than in Canada. Secondary school is not “free” and many students fortunate enough to graduate from primary school are unable to afford the cost of attending a secondary school.

By the time I left for Canada I decided if I was ever going to return to Kenya,

I needed to develop educational projects which would have a lasting impact on their lives.

In January 2006, our student sponsorship program was initiated with the sponsorship of 15 orphaned children. Prospective, sponsored students were interviewed and chosen based on their academic performance on the national exams written at the end of Grade 8, their financial need, and their citizenship. We also require that 50% of the students chosen for sponsorship are female. Since 2006 the results have been impressive, and the program has grown significantly to 105 sponsored students in 2011.

Of course Caring Partners Global is always seeking Canadians willing to sponsor a student. A sponsor is asked to commit \$650/year for a total of 4 years of secondary school. The sponsored students are required to write personal letters to their sponsor at least three times each year, and we hope the sponsor reciprocates. Ideally the sponsor will continue

supporting their sponsored student at a post-secondary institution at the same yearly rate if the student proves capable of furthering his or her education at a college or university. I have developed a Post-Secondary Fund which provides the extra funds required for attending college or university beyond what the students receive from their sponsor.

We have not failed even if a student does not go on to college or university. Completing four years of high school enables a student to become more worldly and employable. By spending four years in secondary school, young orphaned girls are able to postpone early marriage, and in the end become more confident women capable of making their own decisions with regards to their future.

We’ve highlighted the success of three of our first sponsored students in this newsletter. I hope you’ll join me in rejoicing over their successes.

Ron Bell

CPG’s Lunchtime Feeding Program was established in 2006 by my father, Ron Bell. Today the program provides food to 450 students at Matangwe Primary School and 70 students at the Matangwe Community Centre’s Early Childhood Education Centre. In 2011, the annual operating budget for the program totalled \$21,500, which included the cost for cooking staff, food (primarily maize and beans) and supplies. Food prices are rising each year, along with class sizes. There is an urgency to come up with new ideas to raise the needed capital to sustain this program.

The Feed 50 Challenge is a new initiative that asks participants to donate \$10 per month to support the program. This \$10 donation will provide a lunch time meal to 50 students each month. The feeding program is an excellent way to channel nourishment to students that would otherwise go without. Please follow the steps below to be a part of this challenge:

To sign up online using a credit card or paypal account

Step 1: Go to www.caringpartners.ca website

Step 2: Click on DONATE (located at the top right of the web page)

Step 3: Click “Donate monthly”

Step 4: Enter \$10 in amount.

Step 5: Choose your start/end date.

Step 6: **In the message/instructions field enter ‘Feed 50

Challenge’ so we know where you would like your donation to go.



Send your post-dated cheques to Caring Partners Global memo line: Feed 50 Challenge to:
470 Anndale Rd.
Waterloo, ON
N2K 1W8

For more information contact Karen Bell:
karenbell99@hotmail.com

CPG's First Post-Secondary Graduates



Monica Atieno Ombewa

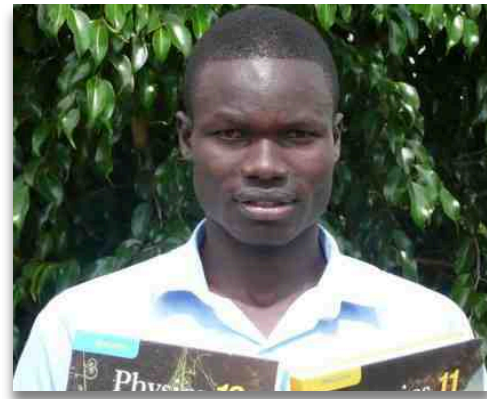
Monica lost both of her parents and was living with an elderly grandmother and three younger siblings when she came to the attention of CPG in 2005. With financial aid from CPG, Monica is now studying at the Kenyan Medical Training College in the Community Health and Nursing program. Her Canadian sponsors Betty Coulthard-Roe & John Roe and Kathryn & Dwight Storing continue to help support Monica at college, and must be thrilled to realize what they have allowed Monica to achieve.



Phenny Awuor Onyalo

Phenny lost both of her parents at the end of 2005 when she came to the attention of CPG. With help from CPG, Phenny began studies at the Kenya Institute of Management in 2009 and worked part time with the Diakonia Compassionate Ministry (DCM) in Kisumu. DCM was so impressed with her intelligence and work ethic that they offered to help her upgrade to university by paying 40% of the fees. Phenny is now studying at the University of Nairobi.

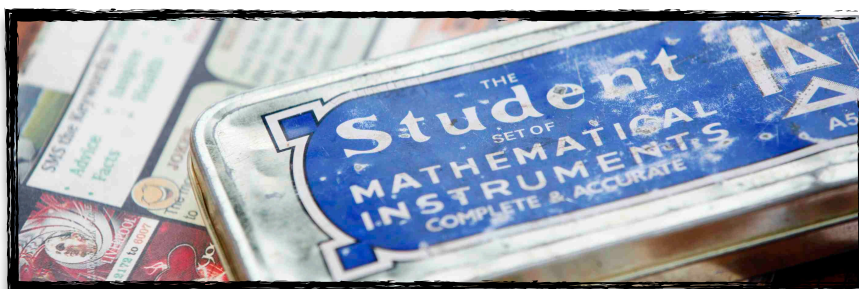
Phenny was sponsored through secondary school, college, and her first year of university by Mildred Bullas an elderly, widow living in Kitchener. The relationship between Phenny and Mildred was very special with each expressing a deep respect and love for each other. Unfortunately, at the age of 92, Mildred passed away. In memory of Mildred, and the fact that Phenny is a very special young lady, CPG will continue providing the finances necessary from its Post-Secondary Fund until Phenny graduates.



William Angawa Marende

William lost his father and was living with his mother and various siblings when he came to the attention of CPG at the end of 2005. With financial help from CPG, William graduated from secondary school in 2007, and is CPG's first sponsored student to become government sponsored (due to his high marks, he gets additional sponsorships). In September, 2009, he began studying for a Bachelor of Education (Arts) degree at Masinde Muliro University.

William continues to be sponsored by five gentlemen (Dave Martindale, Bob Chilton, Charlie Wilson, Earl Widmeyer, & Richard Smale), all of whom are friends and retired, former principals of secondary schools within the Cambridge, Kitchener, and Waterloo area. Their support has allowed William to realize his vast potential.



Lisa Armstrong - CPG's New Assistant Executive Director



I'm excited to be working with Caring Partners Global. As a recent graduate of WLU's Masters of Community Psychology program it's wonderful to be able to find meaningful work so quickly after

graduation. Unlike traditional psychology I do not have training in therapy or brain function; instead community psychologists look at human behaviour in the context of individual, relational, and societal aspects with an emphasis on work that is socially just and value based. In the past I've worked with other KW-based community organizations doing research or community development activities.

I applied for this position because I have been learning about inequalities (locally and internationally)

throughout my life and I have often tried to help by volunteering (locally and internationally). From these experiences I have been left with a question: how can I have a positive impact with my actions on the large, complex issues that so many people face? I think working with CPG provides me with the perfect opportunity to see how two passionate people (Stephen and Sylvia) have answered that question for themselves.

I am close to my family and visit Chatham to see them whenever I can. If I can find spare time, I like to spend it reading or running, doing yoga or learning to knit. I'm grateful for this position and I look forward to contributing to Caring Partners Global's good work in the years to come.

Yes, I want to be a part of the change in Matangwe!

Enclosed is my donation for:

\$50 \$100 \$200 Surprise us! \$_____

Name: _____

Address: _____

City: _____ Postal Code: _____

Email: _____ Tel.: _____

Please make cheques payable to:

Caring Partners Global

470 Anndale Rd, Waterloo, On, N2K 1W8

To make a donation by credit card please visit our website at www.caringpartners.ca or visit CanadaHelps.org

Volunteer Opportunities

Funds Development and Public Relations Committee Co-Chair

We're seeking a Co-Chair for our FDPR committee. You will be responsible for the public image of Caring Partners Global (CPG) and overseeing the development and implementation of a fundraising plan. The Co-Chair will be in training during their first year and will become the Chair for their second year to build continuity and cohesion. Time commitment: 10 hours/month.

Gala Committee Members

We're seeking volunteers to help plan an upcoming event. Members will be coordinating a venue, gathering donations, and participating in other "behind the scenes" work. Time commitment: 6 hours/month.

To apply for either position please send an email stating your reason for wanting to volunteer and a resume to volunteer@caringpartners.ca